

*Name: Alyssa Rickman*

*Nominated by: Kimberly McEvilly*

Alyssa Rickman consistently goes above and beyond her expected duties as Health Promotion Coordinator to care for the well-being of not only her employees, but the entire DePaul student body. Although she is also a graduate student juggling an internship, she continuously devotes her time and her heart into the work of the Office of Health Promotion and Wellness, while also serving as a mentor and model for the students she supervises.

Alyssa has the kindest soul you will ever find. No matter what she may have going on, she always has an open ear for whatever you may be going through and will offer genuine advice without judgement. Being able to trust a supervisor with not only professional but also personal concerns, and to have them actively care for your development in both areas, is a rarity in my experience. Each year, Alyssa chooses a group of students for the next academic year's Health Education Action Team, who serve as the student employees of the office who engage in peer-to-peer education on a daily basis. Creating the right team is certainly a tricky task; it relies on predicting how well a group of people will work together for months to come. Despite the challenges involved, Alyssa manages to form a group of students who complement one another perfectly, with different strengths, weaknesses, and personalities to create a productive and active team that grows stronger each year.

Alyssa's extensive knowledge of the DePaul community is an asset to the office. At the Office of Health Promotion and Wellness, our job is often to connect students to other resources that they may find helpful, like University Counseling Services, Sage Medical Services, or many more. As a new student employee, learning about the multitude of offices and resources on campus can be overwhelming. However, Alyssa regularly offers her expertise and connections at a moment's notice, always knowing who to contact for any issue imaginable.

Lastly, Alyssa's outstanding effort becomes most apparent to me when students need her most. Often times, students will come into our office coping with stress or other personal issues, in desperate need of someone to talk to. In cases like this, regardless of whether it's in the middle of her lunch or at 5pm on a Friday evening, Alyssa is always willing to lend an ear and do her absolute best to help. Her passion and commitment to the office's core values coupled with her innately positive, uplifting spirit make her the ideal candidate for Supervisor of the Year.

Sincerely,

*Kimberly McEvilly*