

HOST A PARTY RESPONSIBLY

HEALTHY CHOICES

- Don't serve alcohol to anyone under 21
- Don't let friends drive intoxicated, or go home alone
- Call 911 if things get out of hand

Practice

Portion Control

- Measure your drinks
- Use 12oz cups instead of 16 oz



Remember the Snacks!

BE A GOOD NEIGHBOR

Loud noise + Too many people + Alcohol

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Property damage + CPD visits + No Fun

FOCUS THE PARTY ON SOMETHING OTHER THEN ALCOHOL

- Creative themes
- Amusing non-alcoholic drinks
- Good music



DEPAUL UNIVERSITY

DIVISION OF STUDENT AFFAIRS

Office of Health Promotion and Wellness