

EDUCATE BEFORE YOU RECREATE

FACT

There are short term and long term effects associated with cannabis use.

Short term

- Altered senses
- Altered sense of time
- Changes in mood
- Impaired body movement
- Difficulty with thinking and problem solving
- Impaired memory
- Hallucinations
- Delusions
- Psychosis

Long Term

- Breathing problems and increased risk for lung cancer
- Decreased motivation or life satisfaction
- Possibility for poorer mental health.

Remember that cannabis use and possession is prohibited on campus.

If you choose to engage in cannabis use, contact Health Promotion and Wellness to learn about harm reduction strategies:

Health Promotion and Wellness

Lincoln Park Student Center Suite 302

hpw@depaul.edu

go.depaul.edu/hpw