1. Trust your instincts. If you don't feel safe or comfortable in any situation, go with your gut.

2. Don't let your guard down. College campuses can give you a false sense of security. Don't assume people you've just met will take care of you; remember that they are basically strangers.

3. Never accept drinks from people you don't know or trust and never leave your drink by itself— if you've left your drink alone, just get a new one. And, always watch your drink being prepared.

4. Don't go off alone at parties. Arrive with your friends, check in with each other throughout the night, and leave together. Make a secret signal with your friends for when they should intervene if you're in an uncomfortable situation.

5. Try not to go out alone at night. Try to always walk with someone you trust. If you'll be walking home alone, call campus security to walk with you. And if possible, take heavily trafficked, well-lit routes.

6. Try to avoid taking a taxi alone late in the night. If you do, never get in the front seat and always make a note of the taxi number.

7. Be safe online. Make sure you don't share personal information online, such as your phone number, address or your current location on your social networking pages or status posts; it can endanger your safety. Be cautious about meeting someone you got to know online, and always meet in a public place.

8. If your friend seems too drunk or is acting abnormally, get him or her to a safe place immediately. If you think that you or a friend has been drugged, call 911. Make sure to tell the doctors about your suspicions, so that they know what to test for.

Adapted from: https://rainn.org/news-room/news/back-to-school-safety-tips-2010