Health Promotion and Wellness (HPW) provides holistic education, support and resources for individuals to create and sustain long-term healthy behaviors.

studentaffairs.depaul.edu/hpw
SEXUAL HEALTH AND VIOLENCE PREVENTION
Students are served in two distinct yet closely linked areas: promoting healthy relationships, safer sex and respectful sexual behavior; and preventing and addressing sexual violence, intimate partner violence and stalking. Direct support and advocacy services are provided to survivors using a student-centric, empowerment approach. In addition, support and resources are provided to students to address their sexual health needs.

ALCOHOL AND SUBSTANCE ABUSE PREVENTION
Alcohol and Substance Abuse Prevention at DePaul University stems from a harm-reduction approach, which encourages healthy choices and responsible decision-making regarding the use of alcohol, tobacco and other drugs. Students are also asked to consider their own safety and the safety of the community in relation to alcohol and substance use.

HEALTH EDUCATION
Health Education includes providing resources, events, trainings, workshops and presentations on various health related topics. These topics include: sexual health, sexual violence, intimate partner violence, stalking, healthy relationships, alcohol and drug prevention, mental health, stress, nutrition, meal planning, physical activity and more.

HEALTH SERVICES
DePaul Health Services provides care for students experiencing minor or acute illness or injury. Through a partnership with Sage Medical Group, these health services are offered for a fee per quarter/semester. Students living in the residence halls are automatically enrolled to receive these services. Health Services is located at 1150 W. Fullerton Ave. and can be contacted directly at (773) 549-7757.

HEALTH INSURANCE
DePaul partners with Aetna Health Insurance to provide a comprehensive health insurance plan for students and their dependents for a fee. Information about Aetna insurance is available at aetnastudenthealth.com.