Health Promotion & Wellness (HPW) provides holistic education, support and resources for individuals to create and sustain long-term, healthy behaviors.

go.depaul.edu/HPW
SURVIVOR SUPPORT ADVOCATES
The Survivor Support Advocates within HPW provide confidential and holistic support to survivors of sexual violence, relationship violence and stalking. The Advocates provide emotional care; information about counseling, medical resources, reporting processes, academic accommodations and safety planning; and referrals and help with navigating appropriate on- and off-campus resources.

ALCOHOL AND SUBSTANCE ABUSE PREVENTION
Alcohol and Substance Abuse Prevention at DePaul University stems from a harm-reduction approach, which encourages healthy choices and responsible decision-making regarding the use of alcohol, tobacco and other drugs. Students are also asked to consider their own safety and the safety of the community in relation to alcohol and substance use.

HEALTH EDUCATION
Health Education includes providing resources, events, trainings, workshops and presentations on various health related topics. These topics include: sexual health, sexual violence, relationship violence, stalking, healthy relationships, alcohol and drug abuse prevention, mental health, stress, nutrition, meal planning, physical activity and more.

HEALTH SERVICES
Presence Sage Medical Group provides care for students experiencing minor or acute illness or injury. These health services are offered for a fee per quarter/semester. Students living in the residence halls are automatically enrolled to receive these services. Presence Sage Medical Group is located at 1150 W. Fullerton Ave. and can be contacted directly at (773) 549-7757.

HEALTH EDUCATION ACTION TEAM (HEAT)
HEAT is a team of peer health educators who provide peer-to-peer health and wellness education for students. HEAT serves students through educational workshops and providing students with health and wellness resources. The team can be booked to speak at workshops and trainings as well as classes and student organization meetings.