Health Promotion & Wellness (HPW) provides holistic education, support and resources for individuals to create and sustain long-term, healthy behaviors.

go.depaul.edu/HPW
SURVIVOR SUPPORT ADVOCATES
The Survivor Support Advocates within HPW provide confidential and holistic support to survivors of sexual violence, relationship violence and stalking. The Advocates provide emotional care; information about counseling, medical resources, reporting processes, academic accommodations and safety planning; and referrals and help with navigating appropriate on- and off-campus resources.

ALCOHOL AND SUBSTANCE MISUSE PREVENTION AND SUPPORT
HPW considers that individuals may be living substance-free, may be in recovery, or may benefit from a harm reduction approach to their substance use. We aim to encourage healthy choices and responsible decision-making regarding the use of alcohol, tobacco, and other drugs. Students are also encouraged to consider safety and to engage in help-seeking behaviors. HPW helps students consider their relationship with substances and also offers Collegiate Recovery Community meetings.

HEALTH EDUCATION
Health Education includes providing resources, events, trainings, workshops and presentations on various health related topics. These topics include: sexual health, sexual violence, relationship violence, stalking, healthy relationships, alcohol and drug misuse prevention, mental health, stress, nutrition, meal planning, physical activity and more.

HEALTH SERVICES
Amita Sage Medical Group provides care for students experiencing minor or acute illness or injury. These health services are offered for a fee per quarter/semester. Students living in the residence halls are automatically enrolled to receive these services. Amita Sage Medical Group is located at 1150 W. Fullerton Ave. and can be contacted at (773) 549-7757.

HEALTH EDUCATION ACTION TEAM (HEAT)
HEAT is a team of peer health educators who provide peer-to-peer health and wellness education for students. HEAT serves students through educational workshops and health and wellness resources. The team can be booked to facilitate workshops and trainings as well as classes and student organization meetings.