AlcoholEdu for College Course Map

**PART ONE**

1. Getting Started
   - Introductory Video
   - Custom Welcome Letter
   - Custom Welcome Video

2. Standard Drink
   - Student Alcohol Knowledge Interviews
   - Pre-Assessment
   - Standard Drink Definition
   - Identifying Standard and Non-Standard Drinks
   - Pouring Standard Drinks

3. Where Do You Stand?
   - Risk Factors & Choices
   - You Are Not Alone/Benefits of Not Drinking/Calories & Cash/Support for Your Choice
   - Your Drinking Profile/ Your Peak BAC/Reducing Your BAC/Drinking Consequences/Calories & Cash/Your Drinking Habits

4. Goal Setting
   - What’s Important to You?
   - What Do You Want to Focus on this Year and Why
   - My Choices

5. Drinking & Motivation
   - What Do You Think?
   - Factors That Can Influence Decisions
   - Why/Why Not Drink? Poll
   - Expectancy Theory & Advertising
   - Ads Appealing to Men/Women
   - Alcohol & Advertising Poll
   - Write a Tagline

6. Brain & Body
   - BAC Basics
   - What Factors Affect BAC
   - Risk/Protective Factors
   - BAC Calculator
   - Marijuana & Drugs
   - Sexual Assault & Understanding Consent
   - Brain & Body Science
   - Biphasic Effect
   - A BAC Story

7. My Action Plan
   - Drinker/Non-Drinker Plan
   - Choose Your Strategies
   - Activities on Campus

8. Laws & Policies
   - Alcohol Related Laws
   - Campus Policies
   - Drinking & Driving

9. Helping Friends
   - Taking Care of Yourself & Others
   - Alcohol Poisoning
   - Helping Your Friends Poll
   - Drinking & Driving
   - Getting Help

**SURVEY 1**

**PART TWO**

10. Introduction
    - Welcome Back

11. Recognizing Problems
    - Taking Care of Yourself & Others – The Roommate

12. Course Conclusion
    - Summary of Key Topics
    - Review Goals, Choices and Plan

**SURVEY 3**

**EXAM**

**INTERSESSION**