

DePaul University Counseling and Psychological Services (UCAPS)
2024-2025 Information Sheet
Therapy Internship and Practicum Opportunities

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Internship and Practicum Types

- PhD/PsyD Psychotherapy Practicum 16-20 hours per week
- MSW Psychotherapy Internship 16-20 hours per week
- M.A. Clinical Mental Health Counseling Practicum and Internship 10-30 hours per week

Summary

UCAPS's practicum/internship offers intensive training in time-limited individual and group psychotherapy. Students can expect to gain experience in crisis intervention, assessment and referral, training of university staff and community outreach, which includes consultation/liaison opportunities and psycho-educational workshops.

Each student will receive a minimum of one and a half hours of individual supervision and one hour of group supervision per week. Practicum students are supervised by Licensed Clinical Psychologists; Licensed Clinical Social Workers, or Licensed Clinical Professional Counselors (as required by the student supervisee's academic and discipline-specific requirements). UCAPS has nine senior staff clinicians, including three licensed psychologists, one licensed clinical social worker, one licensed clinical professional counselor and a part-time, board certified psychiatrist. The practicum begins in late August and continues through mid-June.

Application Procedure

- All applications materials are to be submitted electronically. **Paper applications are not accepted.**
- Procedures for submitting application materials will be posted on the UCAPS website in January.
- The confirmation email and other email notifications are auto-generated. Please add - noreply@surveys.depaul.edu - to your email safe-senders list and check your spam filters to ensure delivery of these emails.

Application Requirements

- Cover letter: please include reference to your program and discipline (psychology, mental health counseling, social work, etc.) and the reasons why you are interested in training at DePaul UCAPS.
- Current resume.
- Two letters of recommendation.

Clinical Work

- Therapists practice from a variety of theoretical perspectives; there is no singular approach in our program.
- Brief model (Average of 6-8 sessions)
- Offer group counseling to DePaul students and some trainees can co-lead with senior staff.

Other Requirements

- Orientation dates: August 27th-29th, 2024
- Weekly Wednesday morning staff meetings from 10am-12pm

Applications Accepted: Friday, January 12th, 2024, 9:00 AM
Application Deadline: Friday, February 9th, 2024, 5:00 PM

Applicant Qualifications

Qualified applicants must have graduate level training in clinical psychology, social work or counseling from an approved (masters or) doctoral level program. The individual should possess solid empathic, therapeutic, and communication skills and be willing to network within the various colleges at the university. Willingness to work within a team model of service delivery is essential. Trainees should demonstrate a high degree of professionalism and sensitivity in all work with clients, center staff and other agencies. This includes awareness and respect for racial/ethnic background, religious affiliation, sexual orientation, social class membership, immigration status, gender, gender identity, disability status, and other differences. Trainees should show familiarity and compliance with the ethical guidelines established by the American Psychological Association, the Illinois Mental Health Code, and other professional associations.

Supervision Philosophy

UCAPS takes a developmental approach to supervision and acknowledges that the role of the supervisor varies over the course of the relationship, depending on the circumstance of the trainee. Supervisors acknowledge that trainees have diverse needs over the course of their training year and respond to those needs. Trainees may benefit from a supervisory relationship at times that is didactic, supportive, consultative, and collegial. We take supervision very seriously and make sure that trainees have regularly scheduled meetings with a primary supervisor as well as the opportunity to learn from the whole staff and one another. We maintain an open-door policy and encourage Externs to approach us about any clinical, professional, or administrative concerns that they may have. It is our hope that trainees feel that they are a welcomed and valuable part of our staff. We do provide lots of feedback to Externs about their clinical work and professional presence to support their growth.

Position Description

The Therapy Practicum and Internship that DePaul UCAPS is designed to help students prepare for future work or training in clinical settings and a solidification of a theoretical foundation. There is a heavy emphasis on individual therapy, intake assessment and crisis evaluation. Students also have opportunities to conduct group psychotherapy and psychoeducational presentations, when available. Students have a fixed weekly schedule and must be on site during normal business hours.

Sample Weekly Schedule	Individual Therapy	6-8 hours
	Group Counseling	0-2
	Intake Evaluation	2
	Individual Supervision	1.5
	Group Supervision	1
	In-Service	1
	UCAPS Staff Meetings	2
	Clinical Documentation	2.5
	<u>Clinical and Programmatic Prep/Outreach</u>	<u>2</u>
	Total Weekly Hours	20 hours