

**DePaul University Counseling and Psychological Services (UCAPS)**  
**2025-2026 Information Sheet**  
**Therapy Internship and Practicum Opportunities**

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### **Internship and Practicum Types**

- PhD/PsyD Beginning or Advanced Psychotherapy Practicum 16-20 hours per week
- MSW Psychotherapy Internship 16-20 hours per week
- M.A. Clinical Mental Health Counseling Practicum and Internship 10-30 hours per week

### **Summary**

UCAPS's practicum/internship offers intensive training in time-limited individual and group psychotherapy. Students can expect to gain experience in crisis intervention, assessment and referral, training of university staff and community outreach, which includes consultation/liaison opportunities and psycho-educational workshops.

Each student will receive a minimum of one and a half hours of individual supervision per week and one hour of group supervision every other week. Practicum students are supervised by Licensed Clinical Psychologists, Licensed Clinical Social Workers, or Licensed Clinical Professional Counselors (as required by the student supervisee's academic and discipline-specific requirements). UCAPS has twelve senior staff clinicians, including 6 licensed psychologists, 1 licensed clinical social worker, 4 licensed clinical professional counselors and a part-time, board certified psychiatrist. Our staff practice from a variety of theoretical perspectives; there is no singular approach in our program.

The practicum begins in late August and continues through mid June. While each academic program and discipline may have slightly different training requirements, all student trainees should expect to train with UCAPS throughout the duration of the entire academic year, that is from the start of the fall quarter to the end of the spring quarter. Please note that students should follow their specific program guidelines / expectations and consult with their program liaisons for direct questions around internship/practicum requirements.

### **Application Procedure**

- All applications materials are to be submitted electronically. **No paper application materials will be accepted.**
- Procedures for submitting application materials will be posted on the UCAPS website in January.
- The confirmation email and many other email notifications are auto-generated. Please **add -noreply@surveys.depaul.edu** to your email safe-senders list and check your spam filters to ensure delivery of these emails.

### **Application Requirements**

- Cover letter; please include reference to your program and discipline (psychology, mental health counseling, social work etc.) and the reasons why you are interested in training at DePaul UCAPS.
- Current resume
- Two letters of recommendation

### **Other Requirements**

- Orientation dates: August 27<sup>th</sup>-29<sup>th</sup>, 2024
- Weekly Wednesday morning staff meetings from 10am-3pm

### **Applicant Qualifications**

A qualified applicant must have graduate level training in clinical psychology, social work or counseling from an approved masters or doctoral level program. Students should consult with their academic programs to identify approval for the practicum/internship. The individual should possess solid empathic, therapeutic, and communication skills and be willing to network within the various colleges at the university. Willingness to work within a team model of service delivery is essential. Trainees are expected to demonstrate a high level of professionalism and sensitivity in all work with clients, center staff and other agencies. This includes awareness and respect for racial/ethnic background, religious affiliation, sexual orientation, social class membership, immigration status, gender, gender identity, disability status, and other differences. Trainees are expected to show familiarity and compliance with the ethical guidelines established by the American Psychological Association, the Illinois Mental Health Code, and other professional associations.

### **Supervision Philosophy**

UCAPS takes a developmental approach to supervision and acknowledges that the role of the supervisor varies over the course of the relationship, depending on the circumstance of the trainee. Supervisors acknowledge that trainees have different needs over the course of their training year and respond to those needs. Trainees may benefit from a supervisory relationship at times that is didactic, supportive, consultative and collegial. We take supervision very seriously and make sure that trainees have regularly scheduled meetings with a primary supervisor as well as the opportunity to learn from the whole staff and one another. We maintain an open door policy and encourage trainees to approach us about any clinical, professional or administrative concerns that they may have. It is our hope that trainees feel that they are a welcomed and valuable part of our staff. We provide significant feedback to trainees about their clinical work and professional presence in order to support their growth.

### **Position Description**

The Therapy Practicum and Internship at DePaul UCAPS is designed to help students prepare for future work or training in clinical settings and a solidification of a theoretical foundation. There is a heavy emphasis on individual therapy, intake assessment, and crisis evaluation. Students also have the opportunity to conduct group psychotherapy and psychoeducational presentations, when available. Students have a fixed weekly schedule and are required to be on site during normal business hours.

#### Sample Weekly Schedule

Individual Therapy	6-8 hours
Group Counseling	0-2
Intake Evaluation	2
Individual Supervision	1.5
Group Supervision	0.5
In-Service	1
UCAPS Staff Meetings	2
Clinical Documentation	2
<u>Clinical and Programmatic Prep/Outreach</u>	<u>2</u>
Total Weekly Hours	20 hours