

DePaul University Counseling Services (UCS)
2019-2020 Information Sheet
Advanced Therapy Practicum

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Practicum Type

- Advanced Psychotherapy, with one full year of a psychotherapy practicum required. If a student has a freestanding Master's degree that required a therapy practicum or has one academic year of supervised clinical experience where they provided therapy, they are also eligible to apply.
- A diagnostic practicum, or a year of supervised diagnostic and assessment work does **NOT** qualify the individual for the Advanced Therapy Practicum at DePaul.
- Two emphasis areas are available: Clinical and Outreach/Consultation. Students submit applications to only one emphasis area. There will be 7-10 Clinical emphasis positions and 1-2 Outreach/Consultation emphasis positions. See reverse side for a description of each position.

Application Procedure

- All applications materials are to be submitted electronically. **No paper application materials will be accepted.**
- Procedures for submitting application materials will be posted on the UCS website in mid-January.
- DePaul UCS will abide by the ACEPT Practicum Application Guidelines (<http://www.acceptchicago.org>).

Application Requirements

- Cover letter
- Current resume
- Three letters of recommendation (at least one letter from a practicum or clinical supervisor who directly supervised your therapy work is required)
- Brief Application form (available on our website during application period)

Clinical Work

- Therapists practice from a variety of theoretical perspectives
- Brief model (20 session maximum for individual and couples counseling)

Other Requirements

- Orientation dates: September 4th and 5th, 2019 from 9am-5pm and 9am-12pm on September 11, 2019
- Likely Wednesday, December 4th, 2019 9am-5pm (will confirm)
- Weekly Wednesday morning staff meetings from 9am-12pm
- General Scheduling: Commitment of 24 hours/week; one evening until 7pm per week is required (Mon-Thurs); schedule might involve attending 4 days/week at times during the year; Fridays might be included to help to ensure coverage at UCS

Applications Accepted: Friday, February 1st at 9am*
Application Deadline: Monday, February 11th at 5pm

*DePaul UCS will abide by all ACEPT Practicum Application Guidelines, for those academic programs that are members of ACEPT.

Applicant Qualifications

A qualified Extern must have advanced training in clinical psychology, social work or counseling from an approved (masters or) doctoral level program, including the completion of a one-year therapy practicum prior to starting at UCS. The individual should possess solid empathic, therapeutic, and communication skills and be willing to network within the various colleges at the university. Willingness to work within a team model of service delivery is essential. Externs are expected to demonstrate a high level of professionalism and sensitivity in all work with clients, center staff and other agencies. This includes awareness and respect for racial/ethnic background, religious affiliation, sexual orientation, social class membership, immigration status, gender, gender identity, disability status, and other differences. Trainees are expected to show familiarity and compliance with the ethical guidelines established by the American Psychological Association, the Illinois Mental Health Code, and other professional associations.

Supervision Philosophy

UCS takes a developmental approach to supervision and acknowledges that the role of the supervisor varies over the course of the relationship, depending on the circumstance of the trainee. Supervisors acknowledge that trainees have different needs over the course of their training year and respond to those needs. Trainees may benefit from a supervisory relationship at times that is didactic, supportive, consultative and collegial. We take supervision very seriously and make sure that trainees have regularly scheduled meetings with a primary supervisor as well as the opportunity to learn from the whole staff and one another. We maintain an open door policy and encourage Externs to approach us about any clinical, professional or administrative concerns that they may have. It is our hope that trainees feel that they are a welcomed and valuable part of our staff.

Clinical Emphasis Position Description

The Clinical emphasis position is the Advanced Therapy Practicum that DePaul UCS has traditionally supported through its training program. It is designed to help students prepare for the pre-doctoral internship training year and emphasizes a refinement of clinical skills and a solidification of a theoretical foundation. There is a heavy emphasis on individual therapy, intake assessment and crisis evaluation. Students also have the opportunity to conduct couples counseling, group psychotherapy and psychoeducational presentations, when available. Students have a fixed weekly schedule and are required to be on site during normal business hours, but also have evening hours (until 7pm) one night a week.

Extern Weekly Schedule	Individual and Couples Counseling	12-14 hours
	Group Counseling	0-2
	Urgent Evaluation	2
	Individual Supervision	1.5
	Group Supervision	1
	Topical Seminar	1
	UCS Staff Trainings	1
	UCS Staff Meetings	.5
	<u>Clinical and Programmatic Prep/Outreach</u>	<u>3</u>
	Total Weekly Hours	24 hours

Outreach/Consultation Emphasis Position Description

The Outreach/Consultation emphasis is designed to support trainees who have a specific interest in College Counseling and/or Student Affairs as an ultimate career goal. It is designed to help students prepare for the pre-doctoral internship training year and emphasizes the development of consultation and relationship building skills within the campus community, while also providing the opportunity to conduct individual therapy and assessment at the advanced practicum level. Students will have the opportunity to develop and present psychoeducational training materials as well as develop collaborative consulting relationships with a variety of university offices based on their own interests and community needs. Potential collaborations include Office of Multicultural Student Success, Residential Education, and Health Promotion and Wellness. Student's will have some flexibility with regard to scheduled hours, but will be expected to occasionally work on the weekends and in the evenings to accommodate programming and consultation needs. We can work with the Extern to determine the weekly schedule. In the last few years, this position has involved approximately 2 hours/week of dedicated time to outreach and consultation.