

Take Care DePaul for Families

Premiere DePaul Orientation
SUMMER 2026

DEPAUL
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Session Goals

After attending this session, parents & family members will:

- Understand DePaul's approach to supporting students
- Be familiar with the transitions students and families face
- Become familiar with the departments at DePaul that support students



Take Care DePaul

- Care for **self**
- Care for **others**
- Care for the entire DePaul Community



Student Wellbeing

You may ask yourself ...

- “How can I support my student’s **healthy choices**?”
- “What resources are available to support my student’s **well-being**?”
- “What policies help create a **healthy** and **safe** campus community?”
- “How can I make sure my student has access to the supports they need?”



Reinforcing Healthy Choices

You might hear...

- "I need to see a doctor"
- "I'm sick and can't go to my classes"
- "I'm overwhelmed" or "I'm struggling"
- "I need help coping with [concern]."
- "I'm not taking care of myself"



Topics to address with your student

Mental Health and Wellness

- Review proactive ways to improve and manage their mental health and wellness
- Ensure they know who they can contact if they feel help is needed.
- Help your student develop a schedule that includes time for socialization, exercise, spiritual engagements or other activities that they enjoy

Review with your student how to access and manage medical care without your support



Student Health Clinic

Free to all students living in Lincoln Park dorms

Located in Munroe Hall

- Basic health care and screening for students
- Acute care of common illnesses and non-emergent injuries
- Referrals to local providers for ongoing care

Students are encouraged to identify a Primary Care Provider and utilize them for any ongoing treatments or monthly prescription management.

Not open during Winter Intercession and Summer break



Student Health Insurance

**All students are required to be covered by a
qualifying health insurance plan**

**Upon registration, students will automatically
be enrolled in our Student Insurance Plan**

Students with existing qualifying coverage will have
the ability to complete a simple waiver



Communication is sent to students' @DePaul.edu email account
StudentInsurance@depaul.edu [Depaul.myahpcare.com](https://depaul.myahpcare.com)



Topics to address with your student

Consent and Sexuality

- Help them understand what consent means and how to ensure it
- Review ways to be safe sexually and within intimate relationships

Alcohol and Other Drugs

- With an open mind, talk to your student about their relationship with substances
- Utilize an approach that focuses on safety, rather than abstinence only



Resources

The Center for Counseling & Wellness:

- **(773)325-CARE (2273)**
 - **Counseling:**
 - Option 2 for front-desk or DePaulCCW@depaul.edu
 - Option 1 for after-hours 24/7 helpline
 - **Wellness:**
 - Option 3 or Wellness@depaul.edu
 - **Health Insurance:**
studentinsurance@depaul.edu

Office of Gender Equity (Title IX)

- **312-362-8970** or titleixcoordinator@depaul.edu

Division of Mission and Ministry

- **773-325-7902**

Center for Students with Disabilities

- csd@depaul.edu



Community Responsibility

You may hear...

- "I got confronted by my RA."
- "I got a letter/email from the {Dean of Students or Housing & Residence Life} office"
- "I saw something concerning on social media."
- "People are talking about sexual harassment."
- "My roommate's (or friend's) behavior is concerning, and they may need help."
- "I heard about/saw a demonstration on campus today."



Fostering Community Responsibility

Topics to address with your student:

- **Communication**
 - From you to your student & from your student to you
 - Method & modality
 - Establishing an emergency contact
- **Students taking the lead with their university business & affairs**
 - Building relationships with faculty
 - Reinforcing healthy choices
- **Where to connect when facing challenges**
 - CCW, SSA's within CCW Wellness, & Pastoral Counselors in Mission & Ministry are confidential resources
- **How to reach out to share concerns about others**



Critical Contact Information

Personal Emergency Contact Information

Students need to provide personal emergency contact information for DePaul to reach out to when an emergency arises. This is oftentimes and parent or guardian. Students can go to *Campus Connect* under “My Profile” and “Emergency Contacts” to enter your emergency contacts.

Emergency Notification System Contact Information ([DPU Alert](#))

Signing up ensures you will be notified of any emergency situations that require your awareness or direct you to take steps to keep yourself/your community safe. While we ask that you provide your personal cell phone and email address, you may also add additional numbers and email addresses – such as parents or guardians. Students can go to *Campus Connect* under “My Profile” and “DPU/Academic Alert” to submit your personal contact information.

Both are in Campus Connect (campusconnect.depaul.edu) under the students’ “My Profile” section.



Fostering Student Responsibility

Department of Public Safety.

Accessible 24/7 by calling

773-325-7777

Dean of Students Office

go.depaul.edu/dos

Staff serve in an on-call capacity

Office of Gender Equity.

go.depaul.edu/titleix

Misconduct Reporting Hotline

[Depaul.ethicspoint.com](https://depaul.ethicspoint.com)

877-236-8390



Take Care DePaul



Transition to Coffee Break

Located in the rear of Room 120:

- Center for Students with Disabilities
- Center for Counseling & Wellness
 - Counseling
 - Wellness
 - Student Insurance
- Dean of Students Office
- Office of Gender Equity

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