Student Success Coaching
S.M.A.R.T. Goals

**Specific**
- Define expectations
- Avoid generalities and use verbs to start the sentence
- What goal are you trying to accomplish and why?

**Measurable**
- Quality, quantity, timeliness and cost
- How will you know you’ve achieved your goal?
- What is your intended outcome?

**Attainable**
- Challenging goals within reason.
- Focus on a few goals you can actually achieve in the time you’ve allotted
- What actions will you put in place to ensure you achieve this goal?

**Relevant**
- Relates to larger purpose and objectives
- How does this goal align with your role as a student?

**Timely**
- Date or elapsed time to complete the goal
- What is the timeline for achieving this goal and all included steps?
# Student Success Coaching
## S.M.A.R.T. Goal Worksheet

### What’s Your Why?

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<th>S.M.A.R.T. Goal</th>
<th>Action Steps</th>
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**Specific — Measurable — Attainable — Relevant — Timely**