Games, Puzzles & Inspiration
All Week | John T. Richardson Library and Loop Library
Visit the library to de-stress and unwind.

Brain Fuel @ the Loop
Monday, March 9th | 11:00 am - 1:00 pm | DePaul Central 11th Floor
Join the HEAT Peer Health Educators for some relaxation and education before finals!

Brain Fuel @ Lincoln Park
Tuesday, March 10th | 11:00 am - 1:00 pm | LPSC Atrium
Join the HEAT Peer Health Educators for some relaxation and education before finals!

Murder Mystery Dinner
Tuesday, March 10th | 6:00 pm - 9:00 pm | Cortelyou Commons
A special night of whodunnit, and everyone’s a suspect!

Virtual Reality Gaming
Wednesday, March 11th | 12:00 pm - 4:00 pm | John T. Richardson Library, 2nd Floor Viz Wall
Unwind with VR games like Super Hot, Beat Saber, Job Simulator & more!

Meditation @ The Ray
Wednesday, March 11th | 12:00 pm -12:30 pm and 12:30 pm - 1:00 pm | The Ray, Studio C
Join Mat Charnay from Mission and Ministry to breathe deeply and focus inward as you prep for finals.

DIY-Spritz Away Your Stress!
Wednesday, March 11th | 4:30 pm - 5:30 pm | The Ray Atrium
Put together the essential oils of your choice to create your own aromatherapy spray bottle!

Pop-Up Shop
Thursday, March 12th | 11:00 am - 1:00 pm | LPC SAC
Grab a snack and check out a book from the Library’s Unwind the Mind collection

Overnight Oats Bar
Thursday, March 12th | 12:00 pm - 2:00 pm | LPSC, Suite 302
Prep for finals by creating your own overnight oats for a portable breakfast or snack!

Coffeehouse Series #3
Thursday, March 12th | 6:00 pm- 8:00 pm | LPSC Atrium
Join us for free snacks, beverages, and live entertainment!

Meditation @ The Ray
Thursday, March 12th | 8:00 pm - 10:00 pm | LPSC, 120AB
Join us for card reading, air brush tattoos, and cookies at DPUAD’s Mystic Night!

A collaboration between Health Promotion & Wellness, DePaul University Library, The Ray, Office of Student Involvement, and the Division of Mission and Ministry.

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