Another spring, another very enjoyable DES luncheon. The luncheon was held in one of the nicest places on campus, Cortelyou Commons, where pictures of current and former university presidents looked down on the festivities. After a social hour and the invocation by Brother Leo Ryan, C.S.V., members present enjoyed a buffet of grilled chicken kabobs, veggie couscous with roasted asparagus and a do-it-yourself strawberry shortcake bar.

Since there were two openings on the board (one faculty and one staff – Jerry Goldman’s and Elaine’s terms are ending), Elaine asked for nominations from the floor. Since there were none, and Jerry and Kathryn DeGraff had volunteered to run to fill the vacancies, Jerry and Kathryn were elected by acclamation. Your new DES steering committee membership is as follows:

Chair: Jerry Goldman  jerry.goldman@sbcglobal.net  
Vice Chair: Susan Kosinski  skosinsk@depaul.edu  
Secretary/Treasurer: Nancy Rospenda  nrospend@depaul.edu  

Communications and Membership Chair: Nancy Rospenda;  kdegraff@depaul.edu  
Vice Chair: Kathryn DeGraff  
Philanthropy Co-chairs: Susan Kosinski and Dick Meister  rmeister@depaul.edu  
Retiree Benefits Chair: Woods Bowman  wbowman@depaul.edu  
Vice Chair: Jerry Goldman  
Special Events & Projects Chair: Helen Marlborough  hmarlbor@depaul.edu  
Vice Chair: David Sims  dsims@depaul.edu  
University Contact: Alice Farrell  afarrell@depaul.edu  

Entertainment at the luncheon was provided by two students who write for DePaul’s literary magazine *Crook and Folly* (formerly *Threshold*), who read portions of their work. The readings were excellent and left the audience wanting more! Their work will appear in the next issue of *Crook and Folly*.

The DES awarded seven scholarships to upperclassmen to assist them in their journey toward graduation. The awardees were determined by the Financial Aid Office on the basis of need. Former recipients have expressed their gratitude for this financial assistance. Our scholarship fund is now fully endowed, so DES will continue to award scholarships every spring quarter. If you would like to contribute to this very worthy cause, you can contact Susan Kosinski (skosinsk@depaul.edu) or Dick Meister (rmeister@depaul.edu). The DES will also be sending out solicitation letters in October.
Sixteen DES members enjoyed a wonderful trip to the Driehaus Museum on June 18, 2014. The Gilded Age home was built in the 1880s for banker Samuel Mayo Nickerson and the museum was founded by Richard Driehaus, DePaul Trustee, in 2003. Mr. Driehaus commissioned a five-year restoration effort to preserve the structure and its magnificent interiors. Photos are posted on the DES news page. (www.desretirees.blogspot.com)

The DES book club is off to a great start. Seven retirees attended the meeting and two others submitted comments via e-mail. *The Goldfinch* was selected as the first book. (It has since received the Pulitzer Prize for Fiction.) The club will meet bi-monthly in the Richardson library. Our next book will be *The Man He Became* by James Tobin, a biography of Theodore Roosevelt. The next meeting will be held on August 6. Further information can be obtained by contacting Kathryn DeGraff (kdegraaff@depaul.edu) or checking out the DES news page blog or the Facebook page.

![People will never forget how you made them feel.
- Maya Angelou]

Several more oral history interviews are now posted on the DES news page. If any new retirees would like to participate in this fun and informative DES activity, please contact David Sims (dsims@depaul.edu). The DES has undertaken this program to preserve the history and memories of those who have worked at DePaul. This has turned into a fascinating summary of the highlights and disasters at DePaul. (Remember the flood?)

Speaking of new retirees, the DES is very happy to welcome many new retirees to its membership. A large number of faculty and staff took advantage of the retirement incentive package offered by the university. Based on the past membership, this is would be the equivalent of about ten years of retirees. Welcome to the wonderful world of retirement! (And be sure to check out the short history of the DES and the list of retirees at the end of this newsletter.)

**SAVE THE DATE!**
The next DES luncheon will take place on October 31, 2014. Please feel free to dress for the occasion if the mood hits you. Alice promises trick-or-treats!

**Benefits Update:** In addition to their concerns about the well-being of friends, DES members had pocketbook interests connected with the recent retirement incentive. Namely, since the DePaul retiree Medicare supplement plan was self-funded and dependent upon a population that was growing older while reducing in size, it looked as if future premiums would continue to increase beyond the 30% rate of this year—even with the university subsidy. HR has not released any estimate of those expected to enter the carve-out plan. However, since HR does consider the incentive to have been a success, it seems probable that the insured population will increase in size and will be younger on the
average with future claim distributions similar to our past ones. Hopefully, this presages smaller future premium increases and maybe even a reduction in the best of all worlds. Questions regarding the specifics of your health benefits may be directed to Jen Rupp in the Office of Human Resources.

Speaking of benefits, the DePaul Health Faire will be held the mornings of October 27 through October 30. Thirty health care vendors will be present, and wellness evaluations and flu shots will be available. As a retiree, you are eligible to attend this Faire. Take advantage of the opportunity to stay well!

The DES hopes all members, both old and new, are aware of the DES News Update page (desretirees.blogspot.com) and our Facebook page. There is also a DES web page that can be accessed through the Mission and Values website. Interesting and informative news is posted at all locations, and pictures and videos of some of our events are also posted there. Be sure and check them out!! (You have to join Facebook to become a member of our Facebook page. This is a very simple and quick process – totally painless!)

A reminder to both former and new members – Please go to Campus Connect to update your contact information and enter your preferred e-mail address for use by the DES. If you would like to remove your e-mail address or other information, this is the place to do this, too. If you do not submit an e-mail address, you will not receive bereavement or other notices issued by the DES and the university. Keep your e-mail address up-to-date and you will be up-to-date!

The DES recently learned of the passing of ELEANOR SWIATLY who worked in Modern Languages at the university. Eleanor retired in 1994 after 16 years with the university and passed away on December 13, 2013 at the age of 84. She was the mother of nine children, grandmother of 11, and great-grandmother of many.

KENNETH MATIYA passed away on December 20, 2013. He began working at DePaul in August of 1991 as a staff carpenter in Facility Operations at Barat. Ken retired in 2006 and was a resident of Lake Bluff and leaves three children.

The family of MARIE WALSH sent their thanks for the DES’s “kind and gracious card in this time of our sorrow. Your warm thoughts help assuage our grief for Marie. She was indeed a dedicated employee of DePaul, working there for 40 years.” Marie passed away on December 14, 2013 at the age of 87. Marie graduated from Rosary College (Dominican
University) and was a loyal employee and bursar of DePaul. She was also a former president of Renaissance, a continuing education institute for retirees and seniors at St. Xavier University. Marie was a tremendous philanthropist, supporting a vast variety of charities: religious, cultural, social, and environmental.

Sister Rita Nowak notified DePaul of the death of her sister **IRENE NOWAK** on December 18, 2013 at the age of 87. Before her passing she lived at the monastery with her sister. Irene worked for the university in the Treasurer's Office for almost 30 years from September 1, 1949 until her retirement on April 30, 1979. She is survived by her sister, brother-in-law and many nieces and nephews.

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**How old would you be if you didn’t know how old you were?**  
- Satchel Page

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**DO YOU REMEMBER?**

Although not retirees of the university, I thought you might like to know about three former employees. As some of you know, **MICHAEL GIBBS** passed away at the age of 41 of Valley Fever on December 10. At the time of his death, Michael was working as Vice-President of Advancement at Capitol College in Laurel, Maryland. He was also the Director of the Space Science, Education, and Job Outreach Program. Please remember him in your prayers.

On a happier note, **FATHER JAY JUNG, C.M.** is running two parishes deep within Navajo lands. His home base parish is St. Jude in Tuba City, Arizona, located a few hours away from the Grand Canyon. His second parish is in Kayenta, 78 miles northeast of Tuba City. He notes that sharing and strengthening the faith of the Native American people proves as challenging as any other “foreign” mission, since there is a great deal of poverty and the people are very spread out. It is very rural and one of the poorest dioceses in the U.S.

How many of you remember **MARY ALICE MCWHINNIE**? Mary Alice was the first female scientist to spend the entire winter in Antarctica. This year is the 40th anniversary of her trip to McMurdo Station where she studied krill. Mary Alice was an expert on these tiny crustaceans and ultimately made nine trips to Antarctica. **Scientia**, a publication of the College of Science and Health at DePaul, commemorates her 40th anniversary by interviewing three of her former students. Complete interviews can be viewed at csh.depaul.edu.

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**Those that are the happiest never do have everything. But rather they are thankful for everything they do have.**  
– justfab.com
ELAINE BEAUDOIN bids farewell to her role as chairperson lo these many years with the following statement: Being chair of the DES was a wonderful experience, but now I have an even better role as Maimeo’, or as some might call it, Grandmother. Bethany Rose was born on June 13. One visit to New Jersey down, many more to go. (Maimeo’ is Gaelic for grandmother. It is pronounced Mam-OH.) We all wish Elaine congratulations on her new position and express heartfelt gratitude for all the work she has put into the DES. If it were not for Elaine, there would be no DES.

For you out-of-towners, the Alumni Office has provided us with dates for alumni receptions in LA, Boston and NY. Here they are:
- Alumni and Friends Reception in Los Angeles, October 2
- Alumni and Friends Reception in Boston, November 12
- Alumni and Friends Reception in New York, November 13
For further information please contact Tracy Krall (tkrall@depaul.edu) in the Alumni Relations Office.

Thanks for sharing your news! Please continue to send your news to nrospend@depaul.edu.

Nancy Rospenda
Editor
This edition of the DES Newsletter is pleased to have three guest writers for your enjoyment, plus a word from Fr. Richardson upon his 60th year at DePaul.

A WORD FROM FATHER JOHN RICHARDSON, C.M.:
As I near the 60th anniversary of my appointment to DePaul, let me share a couple of thoughts with my comrades of many years together at the university.

With God’s blessings, your and my efforts to build a stronger and more distinguished university have been realized. Our vision has become a reality. DePaul students are the primary beneficiaries. At the same time, we have contributed to the rise of the intellectual, cultural – even economic – levels of our society.

As we pat ourselves on the back, in countless ways we emeriti still have much to contribute to distinguished DePaul purposes which can never be completely realized.

Thank you, Father Richardson, for your 60 years of service to the university, although a mere thank you does not seem adequate. God bless you!

A HISTORIAN IN RETIREMENT – Dick Meister
For the past 21 years, Joan and I have had a second home in Ogden Dunes, Indiana. Although we continue to spend most of our time in Oak Park, near our nine grandchildren, we have also become active in the Ogden Dunes community. For the past ten years, I have served as curator of the museum of the local historical society and as a regular contributor to its newsletter. About a year ago, the society’s president, Ken Martin, and I signed a contract with Arcadia Press to do a photographic history of Ogden Dunes for its Images of America series. Most of you are familiar with the series; its histories of small communities and urban neighborhoods are very visible in most book stores.

Ogden Dunes, the first lakeshore community east of Gary, was incorporated in 1925 after a group of investors purchased 500 acres of sand dunes and bogs from the Francis Ogden estate, the same family that gave Chicago its first mayor and Ogden Avenue. Today, it has approximately 1,100 full-time residents and about 600 homes. Unlike most lake front communities only a small percentage of the homeowners are part-time. It is surrounded by the Indiana Dunes National Lake Shore with two large steel mills and Burns Harbor within a mile of its eastern boundary. Its history is dominated by strong women, beginning with Alice Mabel Gray, aka ‘Diana of the Dunes,’ Dorothy Richardson Buell, who was a founder and then president the Save the Dunes Council from 1952 to 1967, and Dale Messick, the creator of ‘Brenda Starr.’ The town lends itself to social history. In many ways it is a creation of the Industrial Revolution and at the same time its residents continue to fight for saving the dunes and curtailing industrial pollution.

Ken and I completed our manuscript with 200 plus photos in early November in order to insure that the book would be available for the Memorial Day community parade, ceremony, and picnic. Over
Memorial Day week-end we presented a program on the book to a standing room only audience of over 100, opened an exhibit at the museum and signed over 250 copies of the book. Having a captive audience and ones’ name in print almost caused me to reconsider retirement; but then Joan reminded me that teaching would mean preparation, grading papers, and attending meetings, as well as foregoing our winter travels to warmer climates.

EXERCISE – Woods Bowman

Can’t get into your old clothes? Want to lower your heart rate, blood pressure, and cholesterol? Want to sleep better? Worried you will injure yourself lifting a heavy suitcase into an overhead rack? You need to start exercising.

I had put off starting a regular exercise program because I did not know where to start. I had heard of people pulling muscles doing routine exercises. Then I attended the wellness seminar last October and learned that Emeritus Society members have access to certified personal trainers at the Ray Meyer Fitness Center, or just “The Ray.”

Every expert says working out with a partner discourages backsliding and makes the sessions less boring, so my wife (also retired) and I signed up together. The group rate is $250 per person for 5 hour-long sessions. As the only people in the group, we were able to schedule a session whenever it suited us.

Our trainer created a workout regimen for each of us tailored to our personal goals, our physical condition, and the equipment available in our condominium’s fitness center. He also created an alternate regimen for use when we travel for an extended period without having access to our usual equipment.

If you do not have access to exercise equipment, join the Ray Meyer Fitness Center and take advantage of the Emeritus Society discount. It is state-of-the-art, complete with a coffee bar serving healthful snacks. You can rent a locker to store your gear or you can borrow one at no charge for the duration of your workout. Unfortunately, there is no discount for a personal trainer.

Our program is designed to work all major muscle groups, increase our oxygen uptake, improve our balance, and stretch our hamstrings. It takes 40 minutes to go through 15 repetitions of all of the exercises twice and another 20 minutes on an elliptical machine. Total time: 1 hour three times a week. We started in late November and we have faithfully exercised three days every week.

The other day I had to run to catch a bus and I didn’t get winded. I have also lost 15 pounds. That’s progress.
Welcome to the DePaul Emeritus Society Family
Elaine Beaudoin, DES Chair 2008-2014

The DePaul Emeritus Society (DES) is pleased to welcome so many new members to the family. As an organization, we are now more than 420 strong, including the spouses and significant others of deceased retirees. Like people, most organizations do not materialize “full grown.” They start out small, often have “parents” and develop over time. The DePaul Emeritus Society is no different. Upon the infusion of so many new members to the family, it only seems fitting that a little information about DES’ ancestors is in order.

The Professor Emeritus Society (PES), founded in 1992, was conceived by four faculty (William Gorman, Adolph Mark, John Masterson and Edwin Schilling) with the support of Fr. Thomas Munster (Chancellor’s Office) and Ted Tolcher and Beth Bracco (Development). It was formed “to provide a vehicle to keep retired faculty involved with the university, to have an open line of communication with the university, and, to provide an opportunity for social and professional interaction amongst these retirees.” The first luncheon gathering of the PES was held on November 11, 1992. Bill Gorman was its first and only chair.

In 2000, a group of university administrators including Steve Loevy, Fr. Tom Munster, Fr. Ed Udovic, Elaine (Watson) Beaudoin and Carolyn Wright raised the possibility of creating multiple lines of communication with all faculty and staff retirees, individuals on disability, and spouses of deceased retirees. It was hoped this would improve communication among these groups and the university. Two years later, the idea of a Staff Emeritus Society (SES) was raised, and officially founded in 2003. The first SES planning committee was composed of 5 retired staff members (Nancy Gall, Marjorie Piechowski, Nancy Rospenda, Karen Stark, and Elaine (Watson) Beaudoin); Tom Paetsch (active employee); Camille Licklider and Joel Schaffer (Development); Fr. Tom Munster and Gerry Timm (Chancellor’s Office), Carolyn Wright (Human Resources) and Fr. Ed Udovic (Mission and Values). The purpose of the SES was similar to that described by the Professor Emeritus Society. Its first luncheon was held on October 29, 2003 and Elaine (Watson) Beaudoin was its first and only chair.

Both organizations worked to improve communications and identify general university benefits for their respective retiree groups including continued access to University libraries, identification cards, and DPU email addresses; invitations to university events including Service Awards Luncheons, Annual Health Faire, and Vincentian Service Day; receipt of paper and electronic university publications and announcements; and, discounts to events and facilities, course tuition and parking.

When Bill Gorman died in 2006, the university took the occasion to review the two separate organizations and to contemplate the combining of the societies. A questionnaire was sent to all faculty and staff retirees asking if they thought a merger was a good idea. The overwhelming majority saw the combining of the two organizations as a positive step. The DePaul Emeritus Society was born in 2008. “The DES is open to all faculty and staff of DePaul University who have retired from the university with 20 years of full-time service and are 55 years or older, or have retired from the university with 10 years of full-time service and are 62 years or older.” The initial DES charter called for the election of six officers, three faculty and three staff. The first officers were Elaine Beaudoin, Fr. Tom Croak, Jerry Goldman, Dick Meister, Nancy Rospenda, and Denny Shea. An inaugural luncheon, attended by over 60 individuals, was held on May 12, 2008 in the Cortelyou Commons.
Today’s DES mission is to provide a means for ongoing connection, communication, and socialization between the university and its emeritus faculty and staff, and between individual retirees whose professional lives were for so many years dedicated to university service. Since the DES’ inception, a number of programs and communication vehicles have been established including the semi-annual *Newsletter* and luncheon, Oral History Program, Memorabilia Project, Annual Road Trip Outing, Book Club, DES Website, *DES News Updates* blog, and the DES Facebook page. In addition, through the philanthropic support of our members, more than thirty small scholarships have been granted to upper-level, undergraduate students while creating a DES Scholarship Fund now in excess of $100,000 assuring an income stream that will support scholarships in perpetuity. Our sponsor (or we might say our “God Parent”) during DES’ six year of life has been the Office of Mission and Values for which we are very grateful.

At the May 2014 Steering Committee meeting, the DES leadership was turned over to your new chair, Jerry Goldman. As the next generation of retirees I hope you will, as those who came before you, volunteer your time to grow and nurture this wonderful society. The DES family welcomes you.
Fr. Holtschneider applauds our new retirees at the DePaul Soiree on June 19.