



## International Student and Scholar Services

Dear NAME:

### **THIS WEEK: STAYING HEALTHY IN THE U.S.**

What happens if you get sick or injured while you are in the U.S.? You might not be thinking about this question yet, but it is important that you do!

#### **HEALTH INSURANCE**

DePaul University requires that all F-1 students have health insurance, and we partner with [ISO Student Health Insurance](#) to offer affordable health insurance coverage to all international students.

- For information on DePaul's health insurance plan, including enrollment, processing, and why health insurance is important, go here: [Health Insurance](#)
- Watch this [video](#) for information on health insurance in the United States.
- Do you have your own insurance plan? If you want to find out if you are eligible for an insurance waiver, then review the requirements for requesting a waiver on our [website](#).

#### **IMMUNIZATION RECORDS**

DePaul requires that every student submit proof that they have been immunized for specific diseases. For more information on required immunizations and the submittal process, go here: [Immunization Requirements](#).

- We strongly recommend that all international students get immunizations in their home country prior to arriving in the U.S. ISO insurance does not cover immunization costs, which can be expensive for you in the U.S.
- We also recommend that you bring a copy of your records with you as backup in case you need to re-submit for any reason.

#### **NEED MORE HELP?**

Don't worry! We will revisit this topic with you during your on-campus international student orientation. If you have any questions, you may also email us at [ISS@depaul.edu](mailto:ISS@depaul.edu).

Welcome to DePaul University!

Best wishes,

The ISS Team

Hiwoté, Garrett, Jennie, Sandra, Ewa, Annie, Jill, and Lindsay

***Why am I receiving this email?***

*Soon you will begin your academic adventure at DePaul University. DePaul is a large university and International Student and Scholar Services (ISS) will connect you to the many resources you need to be successful here. In the weeks before you start your first quarter as a DePaul student, ISS will send you emails with information that will help you prepare. In case you miss any of our communication, we will also have it posted to our [website](#) so you may catch up on the various topics covered. Also, please don't forget to visit our website to learn more about how to register for your [international student orientation](#) and what to expect.*