

DES-Retiree Benefits Update

DePaul University Office of Human Resources

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Presented by: Jaime Sandoval



Today's Agenda

Review of Medicare Advantage Extras and Open Enrollment:

- Over The Counter Benefits
- Silver Sneakers Fitness Program
- TruHearing
- Reward and Incentives Program
- Open Enrollment



Over The Counter Benefits

The over the counter (OTC) benefit allows members to buy OTC medicines and other health-related items.

- You receive a \$30.00 allowance each month
- Any unused balance rolls over to the next month for that calendar year.
- Allowance need to be spent by the end of the calendar year. OTC benefits do not roll over to the next year.
- At the beginning of each year, you will receive a catalog in the mail.
- Orders can be placed online or by telephone.
- If you have questions about the program OTC Member Advocate is ready to help and can be reached at 1-866-268-2674



Silver Sneakers Fitness Program

Silver Sneakers is a fitness program that gives you different options.

- At home
 - On-demand fitness classes
 - Live virtual class
 - Mobile App with adjustable work plans.
- In participating fitness location
 - Thousands of participating locations
 - Ability to enroll at multiple locations
 - Classes designed for all levels
- To get started visit SilverSneakers.com/StartHere or call at 1-888-423-4632



TruHearing

Blue Cross Blue Shield Medicare Advantage partnership with TruHearing provides coverage for routine hearing exams as well as discounts on hearing aids.

- Hearing exam
 - A Hearing exam plus three follow-up visits for fitting and adjustments
 - Over 6,000 provider locations nationwide
- Hearing aids
 - Same type of hearing aids sold in stores at much lower prices.
 - 45-day trial and 3-year warranty.
 - 48 free batteries per aid included with non-rechargeable models
- To learn more and schedule an appointment call TruHearing at 1-844-855-9536



Rewards and Incentives Program

The Rewards Program gives Blue Cross Medicare Advantage members a healthy and easy way to earn up to \$100 in gift cards from national and local retailers.

- Gift cards can be earned by completing Health Actions throughout the year.
 - Annual Flu Vaccine
 - Completion of Health Questionnaire
 - Colorectal cancer screen
 - And more
- To get started:
 - Go to www.BlueRewardsIL.com
 - Register online or call the number on the back of your card.
 - Once registered the system will automatically record your Health Actions.



Open Enrollment and Health Fair for 2023

➤ Open Enrollment

- Open Enrollment dates are schedule for October 24, 2022 - November 4, 2022
- You will be mailed a packet that will include rates and actions needed in early October.

➤ Health Fair

- We are returning to an in-person Health Fair this year.
 - October 17 – October 18 will be held at the Lincoln Park campus
 - October 19 – October 20 will be held the Loop campus.
- Blue Cross Blue Shield will have a booth at both locations.
- More information will be sent out in the fall



Questions?

Benefits Department

hrbenefits@depaul.edu

(312)362-8500

