Today’s Agenda

Review of Medicare Advantage Extras and Open Enrollment:

• Over The Counter Benefits
• Silver Sneakers Fitness Program
• TruHearing
• Reward and Incentives Program
• Open Enrollment
Over The Counter Benefits

The over the counter (OTC) benefit allows members to buy OTC medicines and other health-related items.

- You receive a $30.00 allowance each month
- Any unused balance rolls over to the next month for that calendar year.
- Allowance need to be spent by the end of the calendar year. OTC benefits do not roll over to the next year.
- At the beginning of each year, you will receive a catalog in the mail.
- Orders can be placed online or by telephone.
- If you have questions about the program OTC Member Advocate is ready to help and can be reached at 1-866-268-2674
Silver Sneakers Fitness Program

Silver Sneakers is a fitness program that gives you different options.

- At home
  - On-demand fitness classes
  - Live virtual class
  - Mobile App with adjustable work plans.

- In participating fitness location
  - Thousands of participating locations
  - Ability to enroll at multiple locations
  - Classes designed for all levels

To get started visit SilverSneakers.com/StartHere or call at 1-888-423-4632
Blue Cross Blue Shield Medicare Advantage partnership with TruHearing provides coverage for routine hearing exams as well as discounts on hearing aids.

- **Hearing exam**
  - A Hearing exam plus three follow-up visits for fitting and adjustments
  - Over 6,000 provider locations nationwide

- **Hearing aids**
  - Same type of hearing aids sold in stores at much lower prices.
  - 45-day trial and 3-year warranty.
  - 48 free batteries per aid included with non-rechargeable models

To learn more and schedule an appointment call TruHearing at 1-844-855-9536
Rewards and Incentives Program

The Rewards Program gives Blue Cross Medicare Advantage members a healthy and easy way to earn up to $100 in gift cards from national and local retailers.

- Gift cards can be earned by completing Health Actions throughout the year.
  - Annual Flu Vaccine
  - Completion of Health Questionnaire
  - Colorectal cancer screen
  - And more

- To get started:
  - Go to www.BlueRewardsIL.com
  - Register online or call the number on the back of your card.
  - Once registered the system will automatically record your Health Actions.
Open Enrollment and Health Fair for 2023

- **Open Enrollment**
  - Open Enrollment dates are schedule for October 24, 2022 - November 4, 2022
  - You will be mailed a packet that will include rates and actions needed in early October.

- **Health Fair**
  - We are returning to an in-person Health Fair this year.
    - October 17 – October 18 will be held at the Lincoln Park campus
    - October 19 – October 20 will be held the Loop campus.
    - Blue Cross Blue Shield will have a booth at both locations.
    - More information will be sent out in the fall
Questions?

Benefits Department
hrbenefits@dePaul.edu
(312)362-8500