

St. Vincent's Health Benefit Fair



DePaul **HR**

Health Benefit Fair Schedule

Date	Time	Location
Monday, October 23, 2017	7:30–11:30 a.m.	Lincoln Park Student Center Rooms 120 A & B
Tuesday, October 24, 2017	7:30–11:30 a.m.	Lincoln Park Student Center Rooms 120 A & B
Wednesday, October 25, 2017	7–11:30 a.m.	Loop DePaul Center Concourse Level
Thursday, October 26, 2017	7–11:30 a.m.	Loop DePaul Center Concourse Level

Consumer Driven Health Plan Information Session

Learn more about DePaul's Blue Cross Blue Shield Consumer Driven Health Plan and if it is right for you. There are multiple reasons why the CDHP might be an attractive alternative. Attend this 30 minute session facilitated by representatives from Blue Cross Blue Shield and Benefit Wallet to find out more. See the schedule to the right for the sessions.

Date	Time	Location
Monday, October 23, 2017	10:00–10:30 a.m.	Lincoln Park Student Center Room 313
Wednesday, October 25, 2017	10:00–10:30 a.m.	Loop DePaul Center Concourse Level

Chair Yoga Session

Start off your day with a 15 minute chair yoga session by personal trainers from The Ray. You'll learn techniques to help you de-stress at home and at work. Chair yoga is known as a subtle yoga technique that provides the benefits of traditional yoga poses but is performed while seated in a chair.

Date	Time	Location
Monday, October 23, 2017	9–9:15 a.m.	Lincoln Park Student Center Room 316
Wednesday, October 25, 2017	8:30–8:45 a.m.	Loop DePaul Center Concourse Level



Representatives from the following groups will be available to provide information and answer questions:

Blue Cross Blue Shield of Illinois PPO, CDHP, HMO Illinois, fitness program, Prime Therapeutics and Medicare Advantage

Benefit Wallet/Mellon Bank Health savings account

Bright Horizons Day care and elder care

Chicago Athletic Clubs Discounted fitness memberships

ComPsych Employee assistance program

CorePower Yoga Discounted fitness memberships

DePaul Office of Human Resources

DePaul University Staff Council

DePaul Public Safety

Equinox Discounted fitness memberships

Fidelity 403(b)

Fitness Formula Clubs Discounted fitness memberships

Interactive Health Health and wellness resources

JellyVision (Alex) Online benefits tool

Liberty Mutual Life insurance, FMLA, STD and LTD administrator

Little Gems International Day care and preschool

MetLife Home and auto insurance

Wintrust DePaul University campus bank

Ray Meyer Fitness and Recreation Center Discounted fitness memberships

TIAA 403(b)

VSP Vision

Wage Works Transportation and flexible spending accounts