



**DePaul Housing**  
**Quarantine**  
**& Isolation Guide**

— 2020 —

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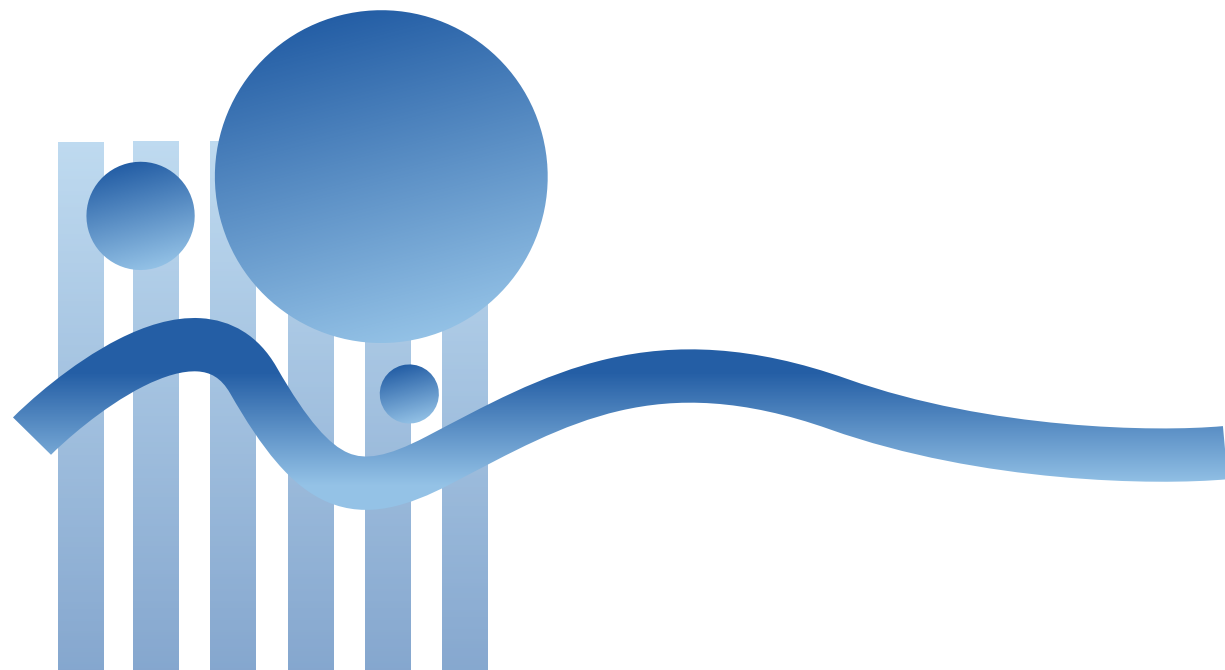
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# Section 1

## Introduction

To Our Residents:

Though we have greatly reduced on-campus occupancy and made policies to create a safer environment at DePaul, living in a shared-living community during a pandemic still comes with certain risks. Therefore, our departments are urging you to read the contents of this guide carefully if you may be (or have been) identified as an on-campus resident who needs to go into quarantine or isolation. Asking you to quarantine for a number of days is a task that comes with numerous challenges, but it is absolutely necessary to protect your health and safety.

This guide will not only prepare you to self-quarantine and self-isolate, but it will focus on resources what will assist you during the quarantine and isolation period. Moreover, we will continue to update our website with housing information related to COVID-19.

If you have questions, please email us at **housing@depaul.edu** or utilize our chat feature available on the Housing website: **go.depaul.edu/housing**.

Thank you!

**Department of Housing, Dining  
& Student Centers**  
**housing@depaul.edu**  
**(773) 325-7196**  
**go.depaul.edu/housing**

**Department of Residential  
Education**  
**resed@depaul.edu**  
**(773) 325-4211**  
**go.depaul.edu/resed**

**Willkommen! ¡Bienvenido!**  
**Bienvenue ! Welcome! Witaj!**  
**Välkommen! Benvenuto! Bem-vindo!**

# Section 2

## Quarantine vs. Isolation

### What is Quarantine?

Residents who are experiencing COVID-19 symptoms, have been exposed to someone with a COVID-19 diagnosis, or visited a travel restriction state for more than 24 hours must self-quarantine. Quarantine helps prevent the spread of disease before a person knows they are sick, including if a person has been infected with the virus but does not have symptoms. People in quarantine should separate themselves from others as much as possible and check themselves for symptoms. As a DePaul resident, this means staying in your room for the entirety of your quarantine period (minimum 14 days).

Residents who visit a travel restriction state for more than 24 hours must abide by the **Chicago Emergency Travel Order**. This means staying in a single designated home or dwelling for 14 days before doing any activities outside of the home or dwelling. If a resident violates the quarantine order, they are subject to fines of **\$100 - \$500 per day, up to \$7,000 by the City of Chicago**. DePaul University is not liable for any Emergency Travel Order violation(s) made by a resident. Therefore, residents are responsible to pay their fines. The violations to the quarantine order will subject the resident to potential university sanctions that include but are not limited to removal from housing and university probation through the university conduct process.

### What is Isolation?

If you are a resident with a confirmed case of COVID-19, you must go into isolation (minimum 10 days). Those who test positive are contagious and must stay in their assigned unit to self-isolate or may be transferred to an alternate space on campus to self-isolate, thus preventing further spread. Please note that the determination of being moved will rely on a variety of factors.

*Continued on next page.*



## Next Steps

If you experience COVID-19 symptoms, have been exposed via close contact, or test positive for COVID-19, you must complete the **COVID-19 Report About Myself online form** or call **Public Safety at 773-325-7777 (Lincoln Park) immediately**. Public Safety will contact a member of the Residential Education staff who will be in contact with you in a short period of time for an immediate assessment of your condition. If self-quarantine or self-isolation is determined, you'll be instructed to fill out an intake form, which will indicate your needs (including dietary) during quarantine or isolation.

On-campus residents in quarantine or isolation must not be in public or otherwise leave their room, unless seeking medical care. If you need to seek medical care, you may call **AMITA Sage Medical Group at 773-549-7757**. Please call in advance. DO NOT visit the office in person unless instructed by AMITA Sage to do so. In a medical emergency, please call 9-1-1. Quarantine/isolation residents who leave their room for a non-medical reason will face disciplinary action, which may include removal from housing.

**A contact tracer and/or Residence Director On Duty will notify you when your quarantine or isolation period has officially ended and it is deemed safe to leave your unit (or return to your assigned unit).**

Whether you are instructed to self-quarantine or self-isolate, you are discouraged from leaving campus to conduct your period of quarantine or isolation for your safety and the safety of your loved ones.

What's next?  
What's next?  
What's next?

# Section 3

## Suggested Packing & Supply List

Our departments want to prepare you for any scenario, so we recommend you have the supplies you need during a quarantine or isolation period. As indicated in the Fall Quarter move-in guides, we asked that you pack the essentials, including a “go-bag” in case you are instructed to move into a temporary unit to self-quarantine or self-isolate.

Here are two lists to keep you prepared:

### Quarantine Supplies

*always have on-hand in your room*

- ☐ Clean Clothing
- ☐ Clean Towels
- ☐ Toiletries (soap, toothbrush, toothpaste)
- ☐ Menstrual Products (if applicable)
- ☐ First Aid Kit
- ☐ Bottled Water
- ☐ Paper Products (toilet paper, paper towels)
- ☐ Non-perishable Food and Snacks (shelf stable, no refrigeration required)

### Go-Bag Items

*if you are instructed to move into a temporary space*

- ☐ Clean Clothing
- ☐ Toiletries (soap, toothbrush, toothpaste)
- ☐ Menstrual Products (if applicable)
- ☐ First Aid Kit
- ☐ School Books and School Supplies
- ☐ Laptop (Wi-Fi will be available)
- ☐ Non-perishable Food and Snacks (shelf stable, no refrigeration required)

#### Residents who will self-quarantine or self-isolate from their

**PERMANENT unit:** Staff will deliver to your door (contactless) a case of bottled water, toilet paper, and a snack pack.

#### Residents who will be moved into a TEMPORARY unit for quarantine

**or isolation:** Staff will place a linen pack (fresh bedding and towels), a case of bottled water, toilet paper, and a snack pack inside your room, ahead of your expected move-in time.

Pack smart.  
Pack smart.  
Pack smart.  
Pack smart.

# Section 4

## Residential Services

### Staff On Duty

You should expect two daily check-in emails from the Residence Director On Duty, one email at 10:00 a.m. and one email at 5:00 p.m. **You must respond to these emails within two hours.** If not, the Residence Director On Duty will follow-up with you by phone. If you do not answer, a wellness check will be conducted. Please pay attention to your DePaul email for communication from the Residence Director On Duty.

### Dining & Meal Delivery

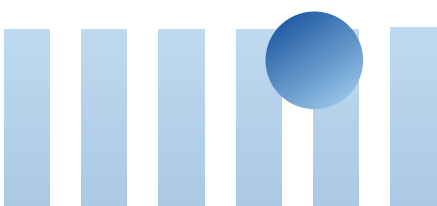
DePaul will provide three (3) meals a day during your quarantine or isolation period. Meals will be delivered to your doorstep and they will be contactless. We will make every effort to stick to a regular delivery schedule as best we can so that you generally know when to expect your meals. There will be **two deliveries made each day**: one lunch delivery at approximately 11:00 a.m. and one dinner delivery at approximately 5:00 p.m. A continental, non-perishable breakfast will be included in the dinner delivery each day.

Menus will be pre-determined by Dining Services and will include changes in variety each day. If you have a special dietary need or allergy, this should have been indicated on the intake form that you filled out in preparation for quarantine or isolation.

As with other meals you'll receive throughout the course of the academic year, we will deduct points from your plan for meals delivered during quarantine/isolation. However, DePaul will cover the cost per day for breakfast and the remaining meals will be charged to the resident in quarantine/isolation as follows:

- If you are a resident on the **DePaul Weekly 14 Plan** entering quarantine/isolation, DePaul will deduct 2 meal points per day during your quarantine or isolation period. If you enter quarantine after lunch, but before dinner, 1 point will be redeemed on the first date of quarantine (for dinner), and 1 point on the last date of quarantine (for lunch).
- If you are a resident on the **Apartment 75 Plan** entering quarantine/isolation, DePaul will deduct 1 meal point per day during your quarantine or isolation period AND will charge \$112 to Flex.

*Continued on next page.*



## Garbage

Keep your space clean! Throw away food scraps and wrappers. During your time in quarantine or isolation, our cleaning crew will pick up garbage bags left outside your unit on a daily basis (7 days per week). **Trash must be left outside by 2:00 p.m.** each day and the bag must be tied. In exchange you will be provided a new garbage bag, which will also be left outside your unit.

## Mail and Deliveries

While in quarantine, you will not be able to check your mail, so please do not plan any deliveries until after you've completed quarantine/isolation on campus. If you are receiving something during your quarantine or isolation period that you absolutely need, such as medication, please indicate that on your intake form and our staff will have it delivered to your room. Please limit this service to essential mail/package delivery only.

Deliveries are not allowed directly to your residence hall either. You are not able to leave your unit and delivery persons are not allowed to visit your unit. Below is a list of restricted deliveries and delivery services:

- *Meal Delivery services, such as Grubhub, Uber Eats, DoorDash, Caviar, and Postmates*
- *Meal Kits (Hello Fresh, HomeChef, Blue Apron)*
- *Grocery Delivery (Instacart, Amazon Fresh, Peapod)*
- *Any other service that delivers*

## Supplies Form

We understand that you may run out of water, toilet paper, and additional cleaning supplies during quarantine or isolation. If you need these items while in quarantine or isolation, log in to the **Student Work Order online portal** and submit a request. Requests are fulfilled the following business day. For urgent requests, please contact the Residence Director On Duty.

## Virtual Events

While in quarantine or isolation, we encourage you to participate in DePaul's online programs and socialize remotely. Visit the DePaul Events Calendar (**[events.depaul.edu](https://events.depaul.edu)**) and follow DePaul accounts on Instagram:

- DePaul University (@depaulu)
- DePaul Student Involvement (@dpuinvolvement)
- DePaul Housing (@depaulhousing)
- DePaul Res Ed (@depaulresed)
- The Ray at DePaul (@depaulcampusrec)



# Section 5

## Mental Health Resources

### University Counseling Services

The college experience includes many unique challenges and opportunities for students. It is a time of change, growth, and transition. Reaching your academic goals can be difficult if you are suffering from emotional distress, relationship difficulties or other concerns. There may be times when these challenges lead to excessive stress, anxiety, depression, confusion, and loneliness. Seeking support, including counseling can enable you to understand and deal with these issues. University Counseling Services is committed to creating a welcoming and affirming space where the dignity of all DePaul students is valued and affirmed. We strive to support the educational success of students by providing culturally aware clinical services, including: individual and group counseling, outreach programming, consultation, community referrals, and training opportunities.

### How do I make an appointment?

Typically, the first step is calling our **Lincoln Park office (773-325-7779)** or **Loop Campus office (312-362-6923)** in order to set up an initial consultation appointment. You will have the opportunity to discuss your concerns with a counselor for about 15-20 minutes in order to assess what kind of service would be most helpful. Initial consultations are usually conducted telephonically but can also be scheduled in person.

### After-Hours Crisis

After hours (after 5:00 p.m. Monday through Friday and on weekends), students facing or dealing with an urgent crisis should call 911 or DePaul University Public Safety:

<b>Public Safety, Lincoln Park</b> <b>773-325-7777</b>	<b>Public Safety, Loop</b> <b>312-362-8400</b>
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Please note that this service is for URGENT CRISES ONLY.

### Example of urgent crises:

- Thoughts of hurting self
- Thoughts of hurting other people
- Have not eaten in a few days (not due to illness)
- Recent victim of a physical or sexual assault
- Concern over a student's whereabouts

# Section 6

## University Resources

**Center for Students with Disabilities** coordinates providing accommodations and other services to students with documented disabilities.  
**go.depaul.edu/csd | csd@depaul.edu | Lincoln Park: (773) 325-1677 | Loop: (312) 362-8002**

**Dean of Students Office** handles violations of the Code of Student Responsibility at DePaul. The office manages the administrative withdrawal and absence notification process, and can help you identify campus and community resources in times of personal and/or family crises and medical emergencies.  
**go.depaul.edu/dos | deanofstudents@depaul.edu | Lincoln Park: (773) 325-7290 | Loop: (312) 362-8066**

**DePaul Central** is your one-stop resource for helping you manage the business side of being a DePaul student. Their office can assist you with decisions regarding financial aid inquiries, personal financial planning, immunizations, records and transcripts, and account transactions.  
**go.depaul.edu/depaulcentral | dpcl@depaul.edu | (312) 362-8610**

**Health Promotion and Wellness** provides holistic education, support and resources for you to establish and sustain long-term, healthy behaviors.  
**go.depaul.edu/hpw | hpw@depaul.edu | (773) 325-7129**

**Health Services** partners with **AMITA Sage Medical Group**, which is a community healthcare provider located on the Lincoln Park Campus at **1150 W. Fullerton Ave.** Office visits and basic lab work are covered by the health services fee. All Lincoln Park residents are automatically billed the health services fee to their DePaul Student Account. To discontinue the fee, contact the Office of Health Promotion and Wellness at **hpw@depaul.edu**.  
**go.depaul.edu/healthservices**

**ID Services** issues your DePaul ID Card, which serves as your official identification at DePaul. After you receive your DePaul ID card, you are required to have it all times while on campus. If you lose your DePaul ID card, contact ID Services immediately.

**[go.depaul.edu/idservices](http://go.depaul.edu/idservices) | [IDServices@depaul.edu](mailto:IDServices@depaul.edu) |**

**Lincoln Park: (773) 325-7466 | Loop: (312) 362-5959**

**New Student and Family Engagement** assists students and their families in making a smooth transition into life at DePaul. NSFE manages Premiere and Transition DePaul orientations, as well as the Chicago Quarter (Discover Chicago and Explore Chicago) program and Student Success Coaching.

**[go.depaul.edu/nsfe](http://go.depaul.edu/nsfe) | [orientation@depaul.edu](mailto:orientation@depaul.edu) | [parents@depaul.edu](mailto:parents@depaul.edu) | (773) 325-7360**

**Office of Public Safety** provides the following services: emergency response, crime prevention, security awareness, crime victim assistance, safety tips, and lost and found.

**[go.depaul.edu/publicsafety](http://go.depaul.edu/publicsafety) | Lincoln Park: (773) 325-7777 | Loop: (312) 362-8400**

**Residential Education** is responsible for building a sense of community and DePaul spirit, providing residents with opportunities for engagement, responding to student crises and managing the residential student conduct process. Residence directors (professional staff) and resident advisors (undergraduate students) live on campus and are available to assist students with their transition to DePaul.

**[go.depaul.edu/resed](http://go.depaul.edu/resed) | [resed@depaul.edu](mailto:resed@depaul.edu) | (773) 325-4211**

**Student Mail Center** is located on the Lincoln Park Campus, 3rd Floor of the Student Center. Only essential mail will be delivered to your unit (see page 5).

**[go.depaul.edu/residentmail](http://go.depaul.edu/residentmail) | [StudentMailCenter@depaul.edu](mailto:StudentMailCenter@depaul.edu) | (773) 325-4912**





# Section 7


## After Quarantine or Isolation

A contact tracer and/or Residence Director On Duty will send an email notification when your quarantine or isolation period has officially ended.

Before you leave your unit, we highly recommend cleaning/disinfecting surfaces and changing linens (fresh bedding and towels). If you're low on cleaning/disinfecting solution, you may refill your spray bottle at your Area Office.

If you were placed in a temporary unit for your quarantine or isolation period, you must clear out all your belongings, so staff may clean and disinfect the space. Please empty trash in the garbage bag, tie the bag, and leave the bag outside your unit before moving out.

**Again, we understand the quarantine and isolation process is no easy feat and appreciate your cooperation to keep our on-campus community healthy and safe.**



Post Quarantine  
Post Isolation  
Post Quarantine  
Post Isolation