No unwanted guests allowed...

Especially bed bugs!

Don’t let your room become a resting area for pests.

Your residence hall or apartment is meant to feel like your home away from home and a place to relax and enjoy. Many news reports have increased awareness of bed bug presence in public areas such as hotels. This information is a means to educate you on how to prevent bed bugs. The Department of Housing Services relies on you to adhere to the prevention tips included in this brochure.

I’M CONCERNED I MAY HAVE BED BUGS. WHAT SHOULD I DO?

If you have pest control concerns in your room, visit your area office or submit a work order IMMEDIATELY to report a potential problem.

Housing Services has protocols in place with the Facility Operations department and our pest control vendor to manage any perceived reported cases.

AREA OFFICE CONTACTS

If you live in...
- Corcoran Hall, McCabe Hall or Seton Hall
  East Area Office
  Corcoran Hall Lobby
  (773) 325-8690

If you live in...
- Centennial Hall, Sanctuary Hall/Townhomes, Sheffield Square Apartments or Vincent and Louise House
  Central Area Office
  Sanctuary Hall Office 211C
  (773) 325-1899

If you live in...
- Belden-Racine Hall, Clifton-Fullerton Hall, Munroe Hall or University Hall
  West Area Office
  Munroe Hall Office 107
  (773) 325-7202
“WHAT IS A BED BUG?”

A bed bug is a small insect that feeds on the blood of mammals, similar to a mosquito. Bed bugs are oval, flat, wingless, rusty red colored, and are about 1/4 to 5/8 inches long (similar in size to an apple seed), and can be visible to the naked eye.

Bed bugs most often bite people at night while they are asleep in their beds. Bed bug bites are not known to spread disease. Their bites leave small red welts and the bites itch.

“BUT MY ROOM IS CLEAN, I’M NOT GOING TO GET BED BUGS...”

The cleanliness of your space is not a true indication of whether there might be a bed bug presence. Bed bugs are not born from poor sanitary conditions. But untidy, cluttered environments and failure to detect signs early can make the problem worse over time.

LOOK FOR BED BUGS:

• In seams of mattresses
• Behind head boards and bed frames
• Between cracks and crevices of walls and floor moldings
• Where carpeting adjoins walls
• Soft-side furniture (couches, chairs, etc)

Bed bugs can hitchhike to your residence room on luggage, clothing, blankets or pillows. Bed bugs can appear everywhere from movie theaters, office buildings, “L” trains and department stores. While you shouldn’t avoid these places, you can play it safe and wash and dry clothes immediately after visiting a place that may have bed bugs.

PREVENTION TIPS WHILE LIVING IN RESIDENCE HALLS AND APARTMENTS:

• Purchase a mattress encasement.
• Do not bring “found” furniture from dumpsters or curb side into the residence halls.
• Eliminate clutter.
• Launder your bed linens regularly in hot water and dry them.
• Vacuum regularly and empty vacuum bags into trash.
• Bed bugs can be killed by heat over 98 degrees. If you discover bed bugs in your clothing or linen, wash them in hot water and dry them in a dryer.
• Report a pest control concern immediately to your Facility Area Coordinator (see back page).

For more information regarding bed bugs, visit:
http://www.cdc.gov/nceh/ehs/topics/bedbugs.htm

BED BUG PREVENTION WHEN TRAVELING

Take care to check out areas where you stay and check your luggage before coming home or back to the residence halls. Doing this will significantly reduce the chances of bed bugs. Again, the cleanliness of a motel, hotel, or public area is not always a true indication of whether there might be a problem.

PREVENTION TIPS TO AVOID BRINGING BED BUGS WITH YOU FROM TRAVEL:

• Inspect the bed in your motel/hotel. Take the sheet and pull it back and look at the folds and seams of the mattress. Check the mattress pad for any visible bugs or signs of blood spots about the size of a pencil point.

• When packing to leave, check your clothing and luggage for signs of the small insects.

• If you are bitten while staying in a motel/hotel, look very carefully around the mattress and bed to try to determine if it is bed bugs or a different insect. Report the situation to motel/hotel staff.

• Empty your suitcase and wash your clothes immediately when you arrive home, and dry them.