

# **Laboratory Safety Training**

Winter Quarter 2020

Click on the OSHA logo to read the standard!

# **OSHA's Lab Standard**

Occupational Safety and Health Administration

Performing chemical procedures using small quantities of hazardous chemicals on a laboratory scale

- Applies to <u>laboratory use</u> of hazardous chemicals
- Requires DePaul to have a <u>Chemical Hygiene Plan</u> (CHP)
  - Lab personnel have many responsibilities under the CHP that are covered in this training, but you should also thoroughly review the CHP.
- Employees must be provided with no cost medical consultations & examinations if necessary

# What do you need to know when working with hazardous chemicals?



Specific hazards, including any posed by reactions/processes



Occupational exposure limits



How to detect their presence & signs of exposure



How to handle accidents & emergencies

The following slides will focus on each area

#### **Know the Hazards**

There are 2 main types of hazards posed by chemicals:

#### Health hazards

Toxic (acute, reproductive, specific organ), corrosive/irritant, carcinogenic, mutagen

#### Physical hazards

Explosive, flammable, pyrophoric, oxidizer, self-reactive, organic peroxide, gas under pressure

- Manufacturer labels describe hazards
- You must determine hazards of reactions

SDS Section 2: Hazard(s) Identification & Section 10: Stability and Reactivity

## **Occupational Exposure Limits**

- OSHA set Permissible Exposure Limits (PELs) for many chemicals in 1970 they recognize these are outdated and inadequate to protect workers' health
- See their <u>Annotated PEL Tables</u> for PEL values alongside other organizations' more protective occupational exposure limits

American Conference of Governmental Industrial Hygienists
Threshold Limit Value

- SDSs list the PEL and the ACGIH® TLV®, and any other exposure limit used or recommended by the SDS preparer
- If you think a respirator may be required, contact EHS

SDS Section 8: Exposure Controls/Personal Protection

## Detecting Presence & Signs of Exposure

For all chemicals you use...

- Know how to detect their presence and accidental release
  - Consider all physical states they may appear in
  - Is there a recognizable smell? Color?
- Know the signs of exposure. Common exposure symptoms include: eye, nose, throat, respiratory or skin irritation, fatigue, headache, dizziness, lightheadedness, coughing, wheezing, chest tightness, shortness of breath, nausea, coughing, vomiting

Be aware that some chemicals have DELAYED effects

SDS Section 4: First-Aid Measures & Section 9: Physical and Chemical Properties

# Handling Accidents & Emergencies

- Being familiar with the info on the previous slides will better equip you to handle any accidents
- Know the location of safety equipment in all areas you use
  - Phones, fire alarms, fire extinguishers\*, eye wash stations, safety showers, spill kits<sup>¤</sup>, first aid kits

Use your judgment. If you cannot contain a dangerous situation:

CALL 911 and then alert Public Safety

\*Only use a fire extinguisher ON A SMALL FIRE if you have received training

are stocked with appropriate materials to clean all spills you may encounter

SDS Section 5: Fire-Fighting Measures & Section 6: Accidental Release Measures

#### PLEASE NOTE:

All campus phones are able to dial 911 directly.

It is not necessary to include an extra 9 (but the call will still go through if you do).



# Safety Data Sheets (SDSs) contain all of this information & more!

SDSs received with shipments of hazardous chemicals must be retained and readily accessible to employees



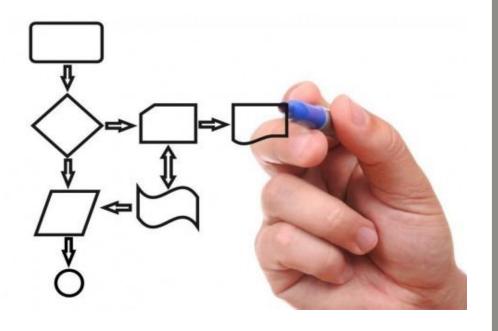
If SDSs are accessed electronically...



A back up system must be in place in the event of power outages, equipment failure, etc.

How can you protect yourself and others from hazardous chemicals?

# **Build Safety In**



Health and safety risks must be evaluated BEFORE starting new experiments/procedures

 Methods to prevent chemical exposure must be included in standard operating procedures

Everyone who works in the lab must be aware of the hazards and how to protect themselves

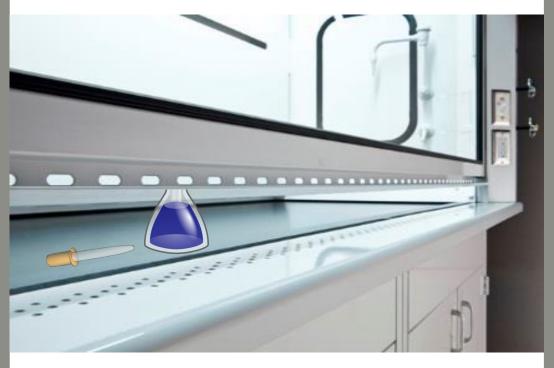
# Personal Protective Equipment



- Appropriate lab attire:
  - Long sleeves & long pants
  - Closed-toe shoes
  - No jewelry
  - Pull long hair back
- Safety goggles and nitrile gloves are appropriate for most lab work
- Some chemicals require the use of different
   PPE use what is recommended on SDSs
- Do not touch doorknobs or leave the lab with contaminated gloves on
- Do not wear synthetic fibers (polyester, nylon, etc.) when working with flammable materials – wear cotton

SDS Section 8: Exposure Controls/Personal Protection

#### **Fume Hoods**



Click the hood to view the EHS Fume Hoods Manual

- Use to contain procedures whenever feasible
- All materials should be 6 inches back from the sash plane
- Keep sash completely closed when not in use
- Only work with the sash at the suggested height or lower
- All containers must be closed when not in use
- Do not use for excessive storage this affects airflow and reduces the hood's ability to perform its function
- All hoods are certified annually by a contractor
- If you suspect a hood is malfunctioning, remove it from service and report to <u>Facility Operations</u>

# Lab Safety 101: A review of the basics



#### **Understanding Chemical Labels**

6 required sections for GHS compliant manufacturer labels



to learn the meaning of each pictogram.

#### **Labeling Your Containers**

When you create containers ("secondary containers") ...

#### You only have to label them with the CONTENTS

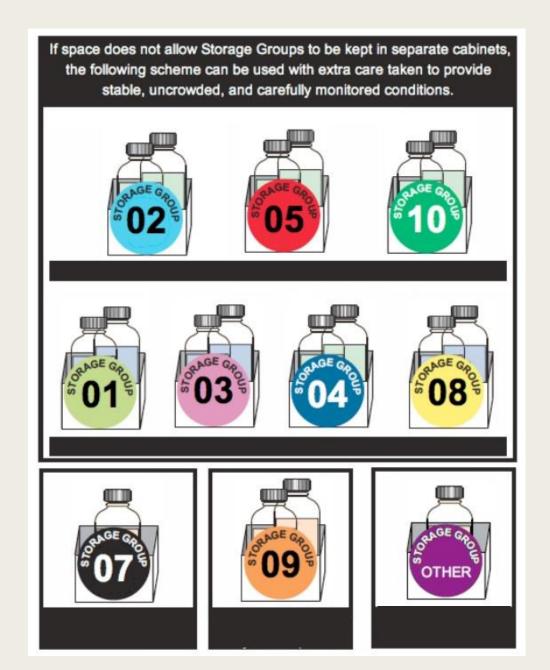
- Even water + other non-hazardous substances must be labeled
- It may be helpful to include additional information, but it's not required
- If bottles are too small for a label, letters/numbers that reference a log is acceptable as long as everyone in the lab is aware of this practice



## Safe Storage

- It is much safer to segregate chemicals by hazard rather than alphabetically
- Use any special cabinets you have as they are intended
- It is a good practice to store all chemical containers in cabinets rather than on the lab bench or in hoods
- Wash and dry glassware/equipment after use and promptly return to storage – do not let items build up in sinks

Click the image to view details on suggested storage groups (Source: The University of Vermont)



#### Laboratory waste

#### Hazardous waste

Most of the chemical waste generated in labs is considered "hazardous waste" according to federal and state regulations.

Empty containers can be put in recycling or trash UNLESS they contained a P-listed waste (see Appendix A of the Waste Disposal Guide for the list).

Consult EHS for P-listed waste disposal procedures.

#### Radioactive waste

Please contact EHS
when radioactive
materials are purchased
AND
when they are ready for
disposal.

#### Biohazardous waste

Includes all items considered 
"regulated waste" by OSHA's 
Bloodborne Pathogens
Standard and "potentially 
infectious medical waste" by 
the Illinois EPA. See DePaul's 
Exposure Control Plan for more 
information.

Place in red containers labeled with the biohazard symbol and word "Biohazard":



Use sharps containers for any objects that could puncture a bag.

#### Regular trash

Clean broken glass must be placed in designated boxes to protect custodial workers.

in any non-recycling
dumpster when full. If you
need help transferring
them to a dumpster, please
make a work order
(janitorial) and leave them
inside the lab for pick up.

Uncontaminated lab debris (gloves, towels, plastic, rags, etc.) can be disposed of as regular trash.

## Hazardous Waste Storage

- Most chemical waste you generate = hazardous waste
- You are allowed to store up to 55 gallons of hazardous waste in your lab
  - This is called a Satellite Accumulation Area
  - Can accumulate as long as necessary
  - Keep waste clearly separated from materials in use
- Take care not to create unknown waste which can be very expensive to characterize and dispose of
  - Ensure labels do not degrade due to chemical splatter
  - Label secondary and waste containers immediately

#### Hazardous Waste Labeling

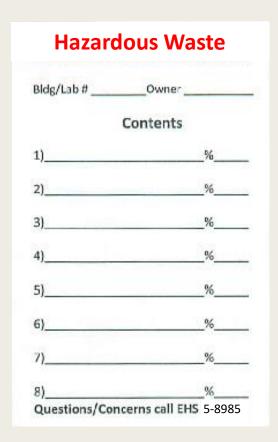
Please label waste generated in your lab with the following:

The words "Hazardous Waste"

**Generator Name/Lab** 

All contents (can list the % of each if possible)

EHS can provide you with labels or you may create your own.



## Supplies EHS Can Provide



43 gal "bio bins"

All containers (except bio bins) can be open top (entire lid removable) or closed top (small opening), and translucent or opaque plastic

5 gal buckets & "carboys"









#### **Bio Bins**

Each bio bin comes with a liner. Place all waste inside this liner and make sure it does not slip down. It must be tied shut before the bin is transported off-site.

Sharps and anything that could puncture the liner must be put in a hard-walled container prior to placement in a bio bin.

When bins are <sup>3</sup>/<sub>4</sub> full, please contact EHS for pick up.

## Tips for Reducing Waste

- Practice smart chemical procurement
  - Be realistic about the quantities you need
  - Bulk buys are not always a "good deal" when it comes time to dispose of them

Use <u>Vertére</u> to manage your inventory and share with colleagues

■ Use the principles of green chemistry to design experiments that use less hazardous reagents and produce less waste

#### **Non-Chemical Hazards**

Please watch this brief <u>video</u> on other lab hazards, including but not limited to:

- Electrical shock
- Extreme temperatures
- Compressed gas cylinders
- Slips, trips and falls

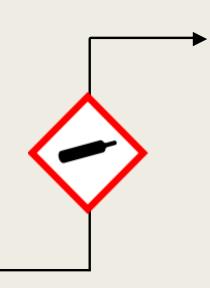
Click the pictogram to view the EHS Compressed Gas Safety Manual

Do not chain cylinders together – each cylinder must be anchored separately to a sturdy surface

Store fuel gas cylinders at least 20 feet away from oxygen cylinders

Cap cylinders during transport and when not in use

Remove empty cylinders promptly and according to departmental procedures



#### **Emergency Procedures**

- Know all potential evacuation routes from your lab
- Review the <u>CHP</u> for spill response information and guidance on handling different types of chemical exposures
- Know what emergencies could occur in your lab and review the <u>Emergency Plan for</u> Hazardous Materials Incidents

#### If a chemical exposure occurs:

- If the person is having trouble breathing or staying conscious, CALL 911 and then alert Public Safety
- Assist the person in using the safety shower and/or eye wash station if needed
- If you are unsure how to respond, you can always call Illinois Poison Control for free and confidential assistance. They are qualified to provide first aid instructions for any potentially hazardous exposures.

Illinois Poison Control: 1-800-222-1222

# Remember to always keep aisles & exits clear and never block access to safety equipment

# Reporting

- Remember that any time anyone experiences a medical emergency on campus, you are advised to call 911 immediately, and then Public Safety.
- All accidents or injuries that occur on University property, whether life threatening or not, must be promptly reported to Public Safety so that a report can be issued.
  - Incidental (minor) spills need to be reported to Public Safety only if someone
    is injured or the situation poses danger to people or property.



Please notify EHS via <u>online incident report form</u> within 72 hours of all laboratory incidents involving hazardous chemicals (including incidental spills).

If an incident occurs related to an IBC protocol, please refer to the <u>IBC Policy and Procedure Manual</u> for additional reporting responsibilities.

#### A Note on Lab Security

- Be aware of your surroundings
  - Take note of anyone or anything suspicious and promptly report to Public Safety at 773-325-7777 (5-7777 from campus phones)
- If you don't have an automatic locking door, lock whenever you leave
- Review Public Safety's recommended <u>active shooter training</u>
  - Consider sharing it with students as part of their safety training

# Where can you get help with lab safety issues?

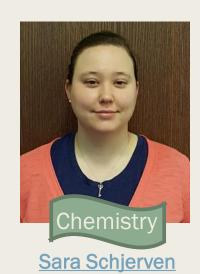


#### **Lab Coordinators**

 Your departmental contacts for chemical procurement, waste disposal and general lab safety questions

 Can assist you in using Vertére for chemical inventory and sharing

■ All other departments: Please <u>contact EHS</u>



5-7368



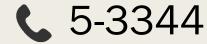
Carolyn Martineau 5-7198



#### **Environmental Health & Safety**

ehs.depaul.edu

#### O'Connell Hall, Suite 270





#### Ask us anything!

We're here to help make sure that DePaul is a safe place to work and learn.

## Office of Research Services (ORS)

research.depaul.edu

 ORS promotes, facilitates and supports research, scholarship, teaching and creative activities

- Some research requires approval by ORS committees
  - -Institutional Biosafety Committee (IBC)
  - -Institutional Animal Care and Use Committee (IACUC)
  - -Institutional Review Board (IRB), if research involves human subjects

# **Lab Safety Training**

There are **2 types!**Students may need to complete both, depending on their role.

1

This training (that you are almost done with)!

Faculty, Staff & Students with Lab Duties

This training is required for faculty, staff, and students with lab duties other than taking lab classes (such as working in a research lab or TAing for lab classes). Whenever you have new students in your lab or TAing your classes, please make sure they complete this training. It can be accessed year-round here on EHS' site and is required once per calendar year.

2

#### **Students in Lab Classes**

Students who require this training will receive an email from noreply@depaul.edu explaining how to access it on D2L. It includes a pass/fail quiz. This training is required once per academic year.

View your students' quiz grades on CampusConnect by navigating to: Self Service > Faculty Center > Safety Training Report.

#### **Quiz Resets**

Students have 2 attempts to pass (with a 70%). If a student fails twice, they must notify their instructor or TA. Instructors/TAs should contact EHS with the student's DePaul ID and email address to request a quiz reset. EHS will notify the student and copy their instructor/TA when the quiz is ready to retake.

#### **Troubleshooting**

Please direct students experiencing technical or user error issues to EHS.

If for any reason a student cannot take the training and quiz through D2L, EHS will send them a PDF version of the training and Word version of the quiz. EHS will notify their instructor when they have completed the quiz this alternative way.

#### Resources

All links in this training and a few more are listed below for your convenience.

OSHA's Lab Standard OSHA's Bloodborne Pathogens Standard

<u>Annotated PEL Tables</u> <u>Vertére</u>

Are OSHA's PELs Safe? OSHA Says No Emergency Plan: Hazardous Material Incidents

EHS Resources: Chemical Hygiene Plan, Exposure Control Plan, Fume Hoods Manual, Compressed Gas Safety Manual,

Waste Disposal Guide and more Active Shooter Training

EHS Incident Report Form: For reporting any laboratory incidents involving hazardous chemicals (including minor spills)

Chemical Safety information from the Library's Chemistry & Biochemistry Research Guide

Background on GHS compliance Environmental Health & Safety

GHS compliant pictograms

Office of Research Services

Suggested Storage Groups

Lab Safety Training for Faculty, Staff & Students

with Lab Duties (year-round link for this training!)

# You've completed the training!

Please record your completion using this virtual <u>sign in sheet</u>.